



**FRIENDS OF IOWA WOMEN PRISONERS**  
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**MEETING TIME AND LOCATION**

**Tuesday, July 18, 2017**

**12:00-1:00 p.m.**

Wesley United Methodist Church  
800 E. 12<sup>th</sup> Street  
Des Moines, IA 50316-4304

**Brown bag lunch**

**Leadership Team meeting at 11:30 a.m.**

**MISSION STATEMENT**

To bring together and inform individuals and groups concerned about women in the Iowa correctional system and to act on their behalf.

I. Call to order and group introductions

II. Reading of last month's meetings minutes and approve.

III. Officer Committee Reports

- a. Chairman: Kirk Nessel
- b. Treasurer: Maryls Hocker
- c. Scholarship Report: Joyce Knock
- d. Secretary: Open Position

IV. Unfinished Business: N/A

V. New Business:

- a. Monthly data from ICIW
  - 722 as of 7/12/17 - of those, 120 are MLO (minimum live-out)
  - 86 released - June 2017
  - 78 admits - June 2017
  - Average length of stay per Statewide Recidivism Reduction gap analysis - 4.5 months

## PROGRAMMING

### ICIW Interventions

In general, interventions consist of approximately 24 (1.5-2 hour) sessions. Sessions typically help 1-2 times per week. This is approximate and varies a bit by curriculum. Seeking Safety is specifically focused on coping with trauma symptoms and not overall behavior or recidivism reduction, and is shorter in length. The interventions provided have been reviewed, are research based, and found to be proven or promising at reducing recidivism.

- \* Thinking for Change
- \* Moving On
- \* Cognitive Behavioral Intervention for Substance Abuse (CBI-SA)
- \* Seeking Safety

\* Achieving Change Through Value Based Behavior (ACTV - pronounced "active"):  
In process of initiating. Three counselors trained and in process of facilitator certification process. Expect to implement groups in August/September.

### DMACC Education

- \* Hi-Set
- \* Life Skills

### Volunteer Needs

Volunteer needs continue to be for Library staffing.

b. August Meeting (Goals for the remaining months) and future meetings

### PROGRAM FOCUS

This month we will have the honor of having Marty Ryan and Stephanie Fawkes-Lee to discuss the public policy relating to the women that we support at ICIW and other correctional facilities around the state.

### FIWP LEADERSHIP TEAM

Betty Christensen [bettychris@mchsi.com](mailto:bettychris@mchsi.com)  
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